

SSW Program Professional Development Series- Block Week Spring 2015

Monday June 22, 2015	Tuesday June 23, 2015	Wednesday June 24, 2015	Thursday June 25, 2015	Friday June 26, 2015
<p>Intro to Trans Communities for SSW's 10-12 Lynx Sainte-Marie Brampton Campus, J106</p>	<p>Self-Care: Nurturing the Self 9:30-12 Nicole Johnson Oakville Campus, J222</p>	<p>Improv 101-Come Have Fun! 10-12 Korey McDermott & Diane Eddy, SSW Alumni Oakville Campus, G206</p>	<p>Citation and Research Workshop 10-12p.m. Karen Lints, Library Services Brampton Campus, J301</p>	<p>Study Skills Workshop 9:30-11:30 Janice Galloway/Donna Woodstock, Student Services Oakville Campus, G206</p>
<p>Exploring Ageism/ Video Discussion 1-3 Alexa Roggeevann Brampton Campus, J106</p>	<p>Agency and Alumni Panel/Tips for Students from SSW Employers 1-2:30 Oakville Campus, G206</p>	<p>Practicum Info Session 12-2 Alaa Khalaf/Sheryl Thompson Brampton Campus, B212C</p>	<p>Creating a Stand Out Resume/Cover Letter 1-3 Joseph Conrad, Career Services Brampton Campus, TBD</p>	<p>Public Speaking Skills 10-12 Judith MacKinnon, Career Services Brampton Campus, H232</p>
	<p>Interviewing Skills & Practice (Faculty/Alumni) 2:45-4:30 Oakville Campus, J222</p>	<p>Agency and Alumni Panel/Tips for Students from SSW Employers 1-2:30 Brampton Campus, J106</p>	<p>Working with People with Developmental Disabilities 1:30-3:30 Alexandra Hoeck Murray, Community Living Oakville Campus, G206</p>	<p>Time Management Workshop 1-3 Janice Galloway/Donna Woodstock, Student Services Oakville Campus, J224</p>
	<p>Practicum Info Session 11-1 Alaa Khalaf/Sheryl Thompson Oakville Campus, J320</p>	<p>Interviewing Skills & Practice (Faculty/Alumni) 2:45-4:30 Brampton Campus, J106</p>		
		<p>Creating a Stand Out Resume/Cover Letter 1-3 Gail Collins, Career Services Oakville Campus, J322</p>		

Please Note:

- Registration is available on the SSW virtual community first come first serve. Once the workshop is full it will not be visible to you so please take note of the time and location of your workshops when you register or keep this handout available.
- In the event you need to cancel one or more workshops please email Nicole right away, so we can open your space to someone else.
- In mid-July, Malene Stewart, SSW Professor, will be delivering several sessions of the Non Violent Physical Crisis Intervention training (CPI). Look for dates to be released in early July. Please note this will not go towards your block week since it falls outside the block week and the dates have not been finalized.
- If you have workshop ideas and/or contacts for future workshops, please email Nicole at nicole.johnson4@sheridancollege.ca

Workshop Descriptions:

1. **Intro to Trans Communities for SSW's, Lynx Sainte-Marie, founder of the grassroots organization and transnational visibility project QueerofGender, is a (dis)Able/chronically ill, Jamaican-Canadian, Afro+Goth Poet, ARTivist, educator and student.**
This workshop will introduce participants to key issues experienced by transgender/trans/non-binary people. Correct terminology, the gender binary, intersectionality and the differences between sex, gender, gender expression and sexual orientation will be discussed. Participants will leave with a better understanding on how to work in solidarity with their trans friends, clients and colleagues.
2. **Working with People with Developmental Disabilities, Alexandra Hoeck Murray, Employment & Day Services Manager, Community Living Oakville**
This workshop will provide an overview of the services provided at Community Living and the work they do supporting people with developmental disabilities. Learn about the stories of people served at CLO, ways to be effective supports and advocates for people with developmental disabilities.
3. **Exploring Ageism/Video Discussion, Alexa Rogeeveeen, SSW Gerontology Program Coordinator and Professor**
4. **Self-Care: Nurturing the Self. Nicole Johnson, SSW Program Coordinator and Professor**
Are you taking care of yourself? Do you feel self-care is not realistic with your busy life while on a student budget? Attend this Self Care Workshop to learn more about helpful, free, practical techniques to support your busy lives. Techniques will include elements of REIKI, mindfulness and relaxation and other strategies to change negative belief systems about the self. Receive a certificate for your portfolio and come ready to relax and care for yourself.
5. **Improv 101, Diane Eddy and Korey McDermott**
Explore your creative side, build confidence in public speaking, step outside your comfort zone and have fun! This workshop was a hit last winter! Korey was a recent SSW Program Student, Co-Chair of the SSW Program Student Advisory Council and is an Improv Coach and Self Described Feminist. Dianne is an SSW Gerontology Alumni 2015, actor, model, teacher, voice over and trained in Second City Improv.

6. Public Speaking Skills, Judith MacKinnon, Career Services

Do you get nervous delivering presentations? Do you want to build your confidence in public speaking? This workshop is for you and those that just want to enhance their public speaking skills. Judith will coach you in building your confidence and provide some practical public speaking tips. This workshop has been a hit in the past!

7. Time Management Workshop, Janice Galloway and Donna Woodstock, Student Services

Feel like there is not enough time in the day to get what you need done? Do you struggle meeting deadlines and juggling multiple tasks? Attend this workshop for some practical strategies on ways to manage your time effectively. This will prepare you for year 2 in the program where time management is essential for success.

8. Study Skills Workshop, Janice Galloway and Donna Woodstock, Student Services

Do you struggle with how to read your textbooks in the most efficient way? Do you feel like you are not prepared enough for your exams? Attend this practical workshop to gain techniques on ways to do your readings in a more efficient way, improve retention of content, and ways to use technology to help improve your study skills.

9. Citation and Research Workshop, Karen Lints, Library Services

Want a refresher on APA and enhance your research skills so you are prepared for bigger assignments in year 2? Attend this hands on workshop to be academically successful in year 2.

10. Creating a Stand Out Resume/Cover Letter, Gail Collins and Joseph Conrad

Join an experienced Career Coach from Sheridan's Career Services on how to create a perfect resume and cover letter for the SSW Program. Learn about what Optimal Resume has to offer and hear some tips on what employers look for in a good resume/cover letter. If time permits, receive some brief one on one feedback. Bring your documents to this workshop.

11. Practicum Info Session, Sheryl Thompson and Alaa Khalaf, SSW Program Practicum Coordinators

Get your questions answered on everything practicum related!

12. Interviewing Skills & Practice, SSW Program Alumni and Faculty

Interviewing is an art. Want to gain tips on how to have a successful interview in the SSW field? Faculty with experience in hiring and alumni with experience interviewing will be on hand to provide opportunities for mock interview practice and feedback. Walk out the door more confident and ready to land that practicum or SSW job!

13. Agency and Alumni Panel/Tips for Students from SSW Employers, Agency Representatives and Professional Advisory Council Members, Alumni

Ever wondered what SSW agencies look for in students and employees? Meet various agency representatives that have supervised our SSW Program students and hired our alumni. They will provide tips, advice and everything you need to know on how to be successful as a student and employee in the field. Alumni will also be on hand to share their experiences and advice from various SSW sectors.